




The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately.**

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-846-0611. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform.com or call 1-800-846-0611 to request a copy.

Important Questions	Answers	Why This Matters:
<p>What is the overall <u>deductible</u>?</p>	<p><u>In-network providers</u>: \$250/individual or \$750/family per calendar year. <u>Out-of-network providers</u>: \$1,000/individual or \$3,000/family per calendar year.</p>	<p>Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u>, each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u>.</p>
<p>Are there services covered before you meet your <u>deductible</u>?</p>	<p>Yes. <u>Prescription drugs</u> and these <u>in-network services</u> are covered before you meet your <u>deductible</u>: <u>Preventive Care</u>, Physician visits for Outpatient Mental Health/Chemical Dependency, Physician Visits, certain lab tests, and Office Surgeries.</p>	<p>This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.</p>
<p>Are there other <u>deductibles</u> for specific services?</p>	<p>No.</p>	<p>You don't have to meet <u>deductibles</u> for specific services.</p>
<p>What is the <u>out-of-pocket limit</u> for this <u>plan</u>?</p>	<p><u>In-network providers</u>: \$2,000/person or \$6,000/family per calendar year. <u>Out-of-network providers</u>: \$5,000/person or \$15,000/family per calendar year.</p>	<p>The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u>, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.</p>
<p>What is not included in the <u>out-of-pocket limit</u>?</p>	<p><u>Copayments</u>, <u>premiums</u>, <u>balance billing charges</u>, <u>deductibles</u>, penalties for failure to obtain</p>	<p>Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u>.</p>

	<u>preauthorization</u> for services, and health care this <u>plan</u> does not cover.	
Will you pay less if you use a <u>network provider</u>?	Yes. See www.cignasharedadministration.com or call CIGNA at 1-800-768-4695 or the Trust Office at 1-800-846-0611 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u>?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 <u>copayment</u> /visit; <u>deductible</u> does not apply.	50% <u>coinsurance</u>	-- None --
	<u>Specialist</u> visit	\$25 <u>copayment</u> /visit; <u>deductible</u> does not apply.	50% <u>coinsurance</u>	-- None --
	<u>Preventive care/screening/immunization</u>	\$25 <u>copayment</u> /exam; <u>deductible</u> does not apply.	50% <u>coinsurance</u>	Refer to the SPD for benefit limitations.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Not subject to <u>deductible</u> if performed at independent laboratory or in office for both <u>in-network</u> and <u>out-of-network</u> .
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	-- None --
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.cigna.com or by calling CIGNA Pharmacy at 1-800-244-6224.	Generic drugs (Tier 1)	\$10 <u>copayment</u> /prescription - Retail \$20 <u>copayment</u> /prescription - Mail Order; <u>deductible</u> does not apply.	Not covered	If brand is chosen when generic is available, you must pay generic <u>copayment</u> plus difference in cost between generic and brand. 30-day supply for Retail. 90-day supply for Mail Order.
	Preferred brand drugs (Tier 2)	\$20 <u>copayment</u> /prescription (Tier 2 Brand) - Retail \$40 <u>copayment</u> /prescription (Tier 2 Brand) - Mail Order; <u>deductible</u> does not apply.		

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition – <i>Con't</i>	Non-preferred brand drugs (Tier 3)	\$40 <u>copayment/prescription</u> (Tier 3 Brand) - Retail \$80 <u>copayment/prescription</u> (Tier 3 Brand) - Mail Order; <u>deductible</u> does not apply.	Not covered	If brand is chosen when generic is available, you must pay generic <u>copayment</u> plus difference in cost between generic and brand. 30-day supply for Retail. 90-day supply for Mail Order.
	<u>Specialty drugs</u> (Tier 4)	\$40 <u>copayment/prescription</u> - Retail \$80 <u>copayment/prescription</u> - Mail Order; <u>deductible</u> does not apply.		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$100 <u>copayment/confinement</u> & 20% <u>coinsurance deductible</u> does not apply.	\$100 <u>copayment/confinement</u> & 20% <u>coinsurance deductible</u> does not apply.	-- None --
	Physician/surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u>	-- None --
If you need immediate medical attention	<u>Emergency room care</u>	\$100 <u>copayment/visit</u>	\$100 <u>copayment/visit</u>	Subject to <u>copay</u> and <u>UCR</u> charges, regardless of <u>network</u> status and <u>deductible</u> .
	<u>Emergency medical transportation</u>	20% <u>coinsurance</u>	20% <u>coinsurance</u>	<u>Plan</u> pays 80% after CIGNA <u>in-network deductible</u> using <u>UCR</u> charges, regardless of <u>network</u> status.
	<u>Urgent care</u>	\$25 <u>copayment/visit</u>	50% <u>coinsurance</u>	-- None --
If you have a hospital stay	Facility fee (e.g., hospital room)	\$100 <u>copayment/per confinement</u> & 20% <u>coinsurance</u>	Not covered	Requires <u>preauthorization</u> or the <u>plan</u> will only pay 50% of the amount it otherwise would have paid.
	Physician/surgeon fees	20% <u>coinsurance</u>	Not covered	-- None --
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$25 <u>copayment/office visit</u> & 20% <u>coinsurance</u> other outpatient services	50% <u>coinsurance</u>	-- None --

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Inpatient services	\$100 <u>copayment</u> / confinement & 20% <u>coinsurance</u>	Not covered	Requires <u>preauthorization</u> or the <u>plan</u> will only pay 50% of the amount it otherwise would have paid.
If you are pregnant	Office visits	\$25 <u>copayment</u> /visit; <u>deductible</u> does not apply.	50% <u>coinsurance</u>	Dependent children are not eligible for this benefit.
	Childbirth/delivery professional services	20% <u>coinsurance</u>	50% <u>coinsurance</u>	
	Childbirth/delivery facility services	\$100 <u>copayment</u> / confinement & 20% <u>coinsurance</u>	Not covered	
If you need help recovering or have other special health needs	<u>Home health care</u>	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Limit one visit per day, 100 visits per calendar year. Requires <u>preauthorization</u> or the <u>plan</u> will only pay 50% of amount it would have paid. Outpatient Physical Therapy limited to 25 visits/calendar year.
	<u>Rehabilitation services</u>	20% <u>coinsurance</u>	Inpatient, Not Covered Outpatient, 50% <u>coinsurance</u>	Requires <u>preauthorization</u> or the <u>plan</u> will only pay 50% of amount it would have paid. Outpatient Physical Therapy limited to 25 visits/calendar year. Speech, Hearing, and Occupational Therapy limited to 25 visits/calendar year.
	<u>Habilitation services</u>	20% <u>coinsurance</u>	50% <u>coinsurance</u>	-- None --
	<u>Skilled nursing care</u>	\$100 <u>copayment</u> / confinement & 20% <u>coinsurance</u>	Not covered	100-day calendar year max. Must follow inpatient hospital stay. Requires <u>preauthorization</u> or the <u>plan</u> will only pay 50% of amount it would have paid.
	<u>Durable medical equipment</u>	20% <u>coinsurance</u>	50% <u>coinsurance</u>	Requires <u>preauthorization</u> for any cost over \$500 or <u>plan</u> will only pay 50% of amount it would have paid.
	<u>Hospice services</u>	\$100 <u>copayment</u> + 20% <u>coinsurance</u>	20% <u>coinsurance</u> for outpatient services. Inpatient services are not	Life expectancy must be six months or less. Requires <u>preauthorization</u> or the <u>plan</u> will only pay 50% of amount it otherwise would have

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
			covered.	paid.
If your child needs dental or eye care	Children's eye exam	\$10 <u>copayment</u> /exam	\$10 <u>copayment</u> /exam & all charges over \$30	Limited to one exam once every year.
	Children's glasses	\$25 <u>copayment</u> /frame	\$25 <u>copayment</u> /frame & all charges over	See the SPD for applicable allowable allowances and other details.
	Children's dental check-up	20% <u>coinsurance</u>	Not covered	Routine oral examinations limited to 2 visits per covered person/year (once every 6 months). \$500 shared calendar year max benefit for covered dependents, except dependents under 19 years of age.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other <u>excluded services</u> .)		
<ul style="list-style-type: none"> Acupuncture Bariatric surgery Cosmetic surgery Dependent child's pregnancy or complications related thereto Hearing aids 	<ul style="list-style-type: none"> Infertility treatment Long-term care (except for specific items covered under the <u>plan</u> (i.e. <u>skilled nursing care</u>)) Non-emergency care when traveling outside the U.S. 	<ul style="list-style-type: none"> Private-duty nursing (except for specific items covered under the <u>plan</u> (i.e. <u>medically necessary home health care</u>, <u>hospice services</u>, etc.)) Routine foot care Weight loss programs (except as required by the health reform law)
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
<ul style="list-style-type: none"> Chiropractic care (up to 5 visits per calendar year) 	<ul style="list-style-type: none"> Dental care (Adult) (maximum of \$750 per calendar year) 	<ul style="list-style-type: none"> Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Plan at 1-800-846-0611. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-846-0611.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$250
- Specialist copayment \$25
- Hospital (facility) coinsurance & copay 20%,
\$100 copayment
- Other coinsurance 20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,800
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$250
Copayments	\$330
Coinsurance	\$2,000
<i>What isn't covered</i>	
Limits or exclusions	\$100
The total Peg would pay is	\$2,680

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$250
- Specialist copayment \$25
- Hospital (facility) coinsurance & copay 20%,
100 copayment
- Other coinsurance 20%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$250
Copayments	\$810
Coinsurance	\$300
<i>What isn't covered</i>	
Limits or exclusions	\$220
The total Joe would pay is	\$1,580

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The plan's overall deductible \$250
- Specialist copayment \$25
- Hospital (facility) coinsurance & copay 20%,
\$100 copayment
- Other coinsurance 20%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,900
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$250
Copayments	\$200
Coinsurance	\$120
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$570